

HEALTHCARE WORKERS CAN PREVENT THE SPREAD OF INFLUENZA

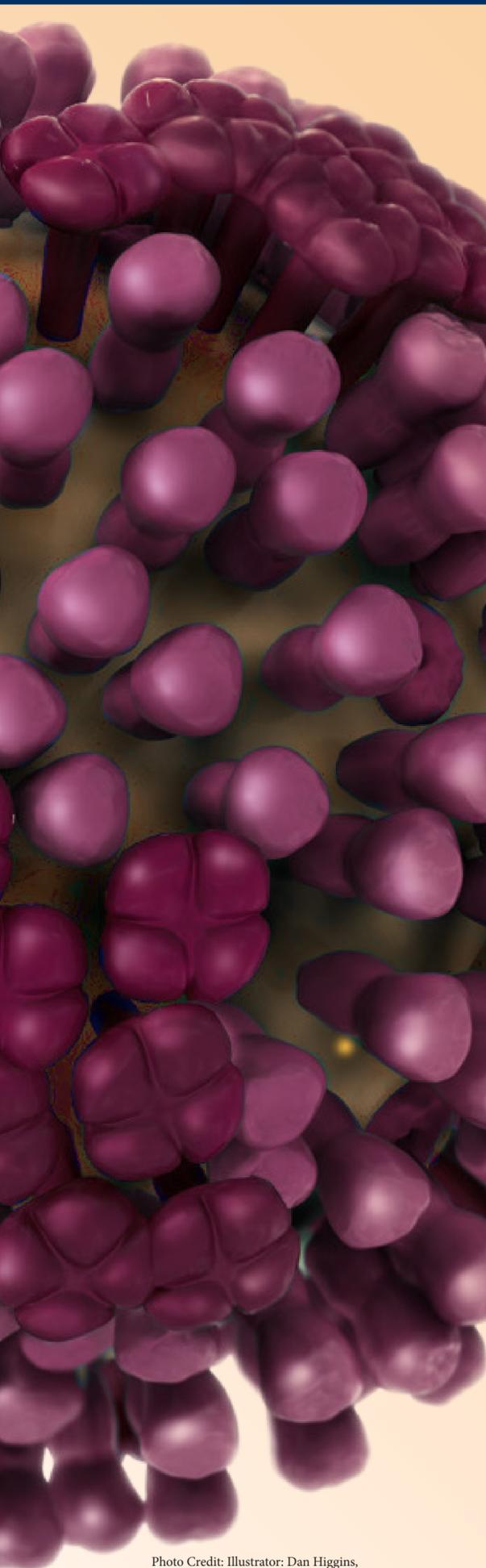


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MS1337

GET VACCINATED

60% of influenza virus infections can be prevented when 100% of all staff who have regular patient contact are vaccinated.

WASH YOUR HANDS

Wash your hands often with soap and warm water for 20 seconds, or use an alcohol-based handrub after contact with the patient or the environment and after blowing your nose.

STAY HOME

If you are sick with flu symptoms, stay home for a full 24 hours after your fever goes away.

PRACTICE RESPIRATORY ETIQUETTE

Provide tissues, receptacles for disposal, masks, and cover-your-cough instructions.

DISINFECT SURFACES

Remove soil and kill the flu virus on frequently touched surfaces twice a day by cleaning and using a disinfectant effective against the influenza A virus.

UTILIZE DROPLET PRECAUTIONS

When caring for patients with flu symptoms, wear a mask and keep patients separated (i.e., in different rooms) from other patients without the flu.

CONSIDER ANTIVIRAL TREATMENT

Flu antiviral treatment within 48 hours of when symptoms develop may reduce shedding of the influenza virus and prevent flu if you are exposed.

“Why You Should Get the Flu Vaccine” Patient Safety Consumer Tip is available online at www.patientsafetyauthority.org



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More information is available online at www.patientsafetyauthority.org.
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